



Mealtimes just can't get any healthier.

Gesündere Mahlzeiten gibt es nicht!



Stock *Lifestyle Organics/Bio-leben*
tasty choices for breakfast, lunch &
dinner. Products to suit busy *organic*,
vegetarian and *vegan* lifestyles
- ready in just 3 to 10 minutes!





Bio GEMÜSE FERTIGKOCHMISCHUNGEN *Organic* **READY TO COOK VEGETABLE MIXES**

Produktnummer Item code	english version	Produkt Name	product name	Verpackungsgröße units/case	Kochzeit cooking time
30900	no	Gemüse Couscous - KBA	Couscous with vegetables - organic	14x250g	5 min.
31192	yes	Gemüse Couscous - KBA	Couscous with vegetables - organic	14x120g	5 min.
30895	no	Gemüserisotto - KBA	Risotto with vegetables - organic	14x250g	20 min.
31222	yes	Gemüserisotto - KBA	Risotto with vegetables - organic	14x120g	5 min.
30910	no	Paprika Tomaten Risotto - KBA	Risotto with paprika and tomatoes - organic	14x250g	20 min.
31224	yes	Paprika Tomaten Risotto - KBA	Risotto with paprika and tomatoes - organic	14x120g	5 min.
30905	no	Gemüse Gerstotto - KBA	Barlotto [Barley with vegetables] - organic	14x250g	30 min.
31226	yes	Gemüse Gerstotto - KBA	Barlotto [Barley with vegetables] - organic	14x120g	10 min.
30915	no	Quinoa Gemüsetopf - KBA	Quinoa-vegetables-stew - organic	14x250g	25 min.
31228	yes	Quinoa Gemüsetopf - KBA	Quinoa-vegetables-stew - organic	14x120g	8 min.
30930	no	Gemüse Hirsotto - KBA	Vegetable Milotto [millet with vegetables] - organic	14x250g	20 min.
30935	no	Buchweizen mit Gemüse - KBA	Buckwheat with vegetables - organic	14x250g	15 min.
31230	yes	Buchweizen mit Gemüse - KBA	Buckwheat with vegetables - organic	14x120g	8 min.
30925	no	Steinpilzrisotto - KBA	Risotto with porcini, organic	14x250g	20 min.
31232	yes	Steinpilzrisotto - KBA	Risotto with porcini, organic	14x120g	5 min.
30920	no	Steinpilzpolenta - KBA	Polenta with porcini - organic	14x250g	20 min.
31234	yes	Steinpilzpolenta - KBA	Polenta with porcini - organic	14x120g	5 min.
31236	yes	Reis-Getreide Gemüsetopf - KBA	Rice-Grain-vegetable mix - organic	14x120g	10 min.
31238	no	Dinkel Gemüsetopf - KBA	Spelt with vegetables - organic	14x250g	20 min.
31242	yes	Dinkel Gemüsetopf - KBA	Spelt with vegetables - organic	14x120g	8 min.
31244	no	Kürbisrisotto steirische Art - KBA	Risotto with pumpkin seeds Styrian Style - organic	14x250g	20 min.
31246	yes	Kürbisrisotto steirische Art - KBA	Risotto with pumpkin seeds Styrian Style - organic	14x120g	5 min.



Bio ASIA FERTIGKOCHMISCHUNGEN *Organic* **READY TO COOK ASIAN STYLE MIXES**

Produktnummer Item code	english version	Produkt Name	product name	Verpackungsgröße units/case	Kochzeit cooking time
31145	no	Shiitake Reis mit Gojis - KBA	Shiitake Rice with gojis - organic	14x250g	15 min.
31162	yes	Shiitake Reis mit Gojis - KBA	Shiitake Rice with gojis - organic	14x120g	5 min.
31150	no	Indischer Reis mit Cashews - KBA	Indian Rice with chashews - organic	14x250g	12 min.
31163	yes	Indischer Reis mit Cashews - KBA	Indian Rice with chashews - organic	14x120g	5 min.
31155	no	Orientalischer Reis Pilaw - KBA	Oriental Rice Pilau - organic	14x250g	15 min.
31164	yes	Orientalischer Reis Pilaw - KBA	Oriental Rice Pilau - organic	14x120g	5 min.
31160	no	Thai Reispfanne mit Chili - KBA	Thai Rice Platter with chili - organic	14x250g	15 min.
31165	yes	Thai Reispfanne mit Chili - KBA	Thai Rice Platter with chili - organic	14x120g	5 min.

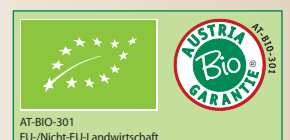


Bio SÜßE VERSUCHUNGEN *Organic* **SWEET DELIGHTS**

Produktnummer Item code	english version	Produkt Name	product name	Verpackungsgröße units/case	Kochzeit cooking time
31185	no	Dinkelkoch Banane Vanille - KBA	Spelt porridge, banana / vanilla - organic	14x200g	3 min.
31204	yes	Dinkelkoch Banane Vanille - KBA	Spelt porridge, banana / vanilla - organic	14x100g	3 min.
31180	no	Grießkoch Erdbeer Zimt - KBA	Semolina porridge, strawberry / cinnamon - organic	14x200g	3 min.
31203	yes	Grießkoch Erdbeer Zimt - KBA	Semolina porridge, strawberry / cinnamon - organic	14x100g	3 min.
31190	no	Hirsekoch Mango - KBA	Millet porridge, mango - organic	14x200g	3 min.
31205	yes	Hirsekoch Mango - KBA	Millet porridge, mango - organic	14x100g	3 min.
31170	no	Milchreis Apfel Zimt - KBA	Rice pudding, apple / cinnamon - organic	14x200g	3 min.
31201	yes	Milchreis Apfel Zimt - KBA	Rice pudding, apple / cinnamon - organic	14x100g	3 min.
31175	no	Milchreis Schoko Kirsch - KBA	Rice pudding, cherry / chocolate - organic	14x200g	3 min.
31202	yes	Milchreis Schoko Kirsch - KBA	Rice pudding, cherry / chocolate - organic	14x100g	3 min.



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